

SMART RELATIONSHIPS

- 1) Making the relationship a priority
- 2) Weekly one-on-one time, or daily 5 minute conversations
- 3) Resolve conflicts, win/win/, problem solving circle
- 4) Regular meeting, shared responsibility through decision-making
- 5) Exit lines to contain emotional situation (to quit when your behind- not all problems can be resolved- not arguing over differences but mutual respect and dignity)
- 6) Seek to understand (human relations skills, recognizing types of request, attending behavior, ability to convey understanding)
- 7) Encouragement on a regular basis
- 8) Proactive (increase circle of influence over circle of concern, smart choices)
- 9) Learning to make and recognize repair attempts/recovery-“I am sorry”
- 10) Stop all grouching/Deadly Habits, use Caring Habits

**ANYTHING YOU SAY OR DO WILL BRING YOU CLOSER TOGETHER
OF FURTHER APART.**

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